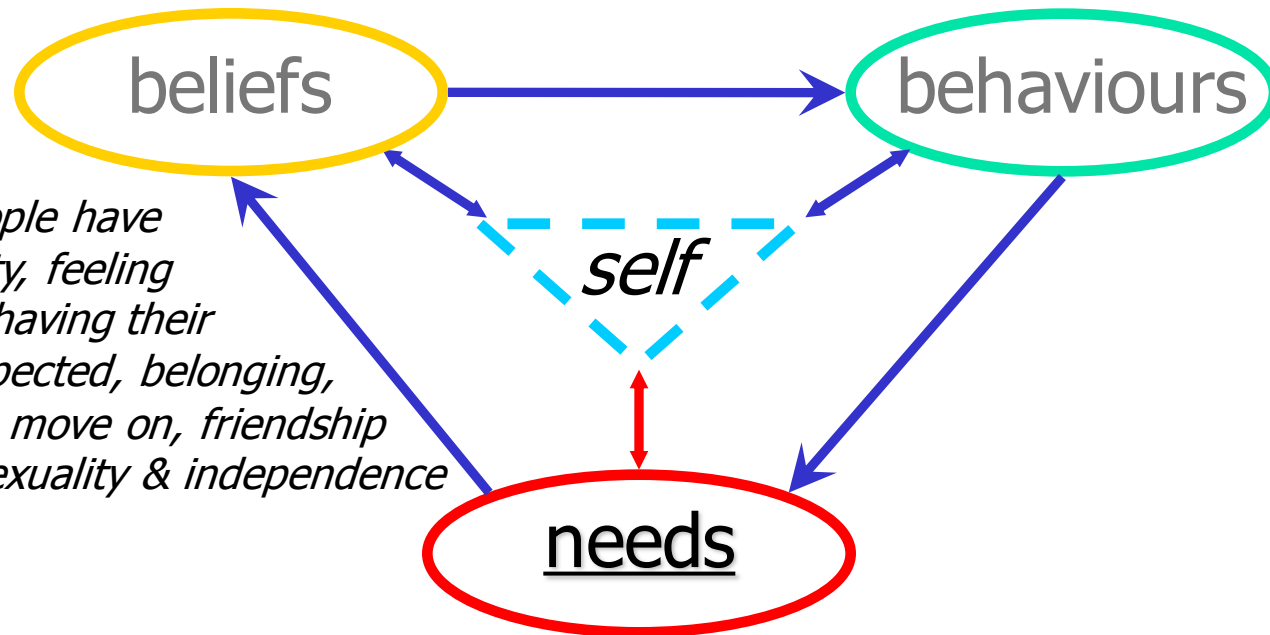


# basic needs



*infants and young people have **basic needs** for safety, feeling valued and cared for, having their 'rights' & opinions respected, belonging, being able to grieve & move on, friendship & later for intimacy, sexuality & independence*

***adaptive primary emotions** – which may involve affection, anxiety, interest & enjoyment, peace & contentment, anger, sexuality, sadness & grief, etc – can provide the direction and drive to satisfy crucial basic human needs*